

# March 2025 Menu



**Lunch served from 11:30 AM – 1:30 PM**  
**Draper: 385-468-3330 Kearns: 386-468-3100 Midvale: 385-468-3350**  
**Millcreek: 385-468-3305**

**Suggested Donation: \$4.00**

To donate online, please visit <https://slco.org/aging-adult-services/get-involved/>  
 and click on the “Donate” button

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>Baked Fish w/Dill Sauce</b> Rice Pilaf Mixed Green Salad Applesauce Pudding	<b>Meatloaf</b> Mashed Potatoes w/Beef Gravy Steamed Vegetables Fresh Fruit	<b>Curry Chicken</b> Jasmine Rice Steamed Vegetables Fresh Fruit Fresh Baked Cookie	<b>Pork Chop w/Garlic Herb Sauce</b> Baked Potato Mixed Green Salad Whole Wheat Roll Fresh Fruit	<b>Meatballs</b> Mashed Potatoes w/Beef Gravy Mixed Green Salad Mixed Fruit Sherbet
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>Ground Turkey Lasagna</b> Garlic Bread Steamed Spinach Mixed Fruit Fresh Baked Cookie	<b>Pulled Pork Sandwich</b> Steamed Broccoli Fresh Fruit	<b>Fish w/Roasted Tomatoes &amp; Garlic</b> Rice Pilaf Mixed Green Salad Fresh Fruit Ice Cream	<b>Pot Roast</b> Roasted Red Potatoes Carrots Mixed Fruit	<b>Beef Tacos</b> Brown Rice Black Beans Mixed Green Salad Mixed Fruit Gelatin
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>Corned Beef and Cabbage</b> Saint Patrick's Day Meal Roasted Potatoes Mixed Fruit Pudding	<b>Pork Lo Mein</b> Mixed Vegetables Fresh Fruit	<b>Chicken Stir Fry</b> Jasmine Rice Mixed Fruit Sherbet	<b>Stuffed Baked Potato w/Chili</b> Steamed Broccoli Mixed Fruit	<b>Panko Breaded Fish w/Lemon Caper Sauce</b> Brown Rice Steamed Vegetables Mixed Fruit Fresh Baked Cookie
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>Meatloaf</b> Mashed Potatoes w/Beef Gravy Steamed Vegetables Mixed Fruit Ice Cream	<b>Bruschetta Chicken</b> Garlic Bread Spinach Fresh Fruit	<b>Pork Fried Rice</b> Mixed Fruit Gelatin	<b>Spaghetti w/Meat Sauce</b> Garlic Bread Steamed Vegetables Mixed Fruit	<b>Chicken Breast w/ Cordon Bleu Sauce</b> White Steamed Rice Green Bean Casserole Fresh Fruit Pudding
<b>31</b>				
<b>Pork Chop w/Gravy</b> Au Gratin Potatoes Mixed Green Salad Applesauce Fresh Baked Cookie	Some items may be subject to change due to product availability   All meals served with 8 oz milk and appropriate condiments Average calories per meal range from 666-733 calories		<b>Alternate Meals</b> <b>Weeks 1 &amp; 2: Chicken Noodle Soup</b> <b>Weeks 3 and 4: Beef Stew</b> <b>Week 5: Chicken Noodle Soup</b> Chef Salad available daily	