

Riverton Senior Center July 2025

“Sharing Knowledge”



AARP Presents: Smart Driver Course

When: August 7th from
9:30am-3:00pm

***Registration is
required.**

AARP Member Cost: \$20

Non-Member Cost: \$25

- Refresh your driving skills and knowledge of the rules of the road.
- Learn techniques for handling left turns, right-of-way and roundabouts.
- Discover proven methods to help keep you and your loved ones safe on the road.

Craft: Sunglasses Painting
Monday, July 14th at 10:00am

Bring a pair of sunglasses and join Michelle as she teaches you how to add painted embellishments to your eyewear.

**La clase Manejo del Dolor
Personal**

**Del viernes 1ero de Agosto a
el 5 de septiembre de 9:30am
a 12:00pm**

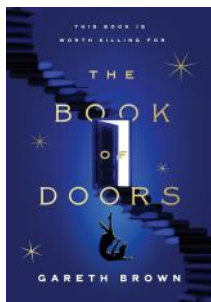
En la clase aprenderá a usar
herramientas que le ayudará a
controlar su dolor.

**Allevio: Foot Health
Presentation**

Thursday, July 17th at 11:00am

Join Emily Mills for a discussion on
how to maintain your foot health, why
it's important, and a Question &
Answer session.

**Glee Club has been cancelled for July.
Glee Club will resume in August.**



August Book Club

The Book of Doors
By
Gareth Brown

**Vital Aging en español:
Protégase de las Estafas**

**Martes, 22 de julio
10:00 am**



Live Music

BD Howes @ 11:30am

Friday, July 11th

Here 4 U @ 11:30am

Friday, July 25th



CENTER INFORMATION

12914 South Redwood Rd.

Riverton, Utah 84065

Phone: 385-468-3040

Open: 7:00^{am} - 4:00^{pm}

Monday-Friday

MORNING COFFEE

Available mornings from

8:00^{am} - 10:00^{am}

Suggested donation .50¢

DINING ROOM LUNCH

Monday- Friday from

11:30^{am} - 12:15^{pm}

SUGGESTED DONATION

\$4.00 for 60+

Under age 60 cost is \$8.00

FREE TRANSPORTATION

**Serving Riverton, Herriman
& Bluffdale**

CENTER STAFF

Manager - Travis Woods

gwoods@saltlakecounty.gov

CPC - Hannah Ruth-Pond

OS - Debbie Otteson

[https://www.saltlakecounty.gov/
aging-adult-services/community/
senior-centers/riverton/](https://www.saltlakecounty.gov/aging-adult-services/community/senior-centers/riverton/)

**SALT LAKE
COUNTY**

AGING & ADULT SERVICES

Call 385-468-3040 to Register

Monday	Tuesday	Wednesday	Thursday	Friday
July	1	2	3	4
 	9:30 Knit/Crochet 10:00 Senior Ballet 10:00 Gardening Club* 11:30 Chair Yoga 12:30 Ceramics 12:30 Canasta 1:00 U of U Exercise	9:00 Sewing Circle* 9:00 Lapidary 10:00 ESL 12:00 Pottery* 12:30 Texas Hold'em 1:00 Line Dancing 1:00 EnhanceFitness	9:30 Harmonica 9:30 Knit/Crochet 10:00 Computer 10:30 Casual Guitar 11:00 Hawaiian/Belly Dance 12:00 Ukulele Class 12:30 Canasta 1:00 Wood Carving 1:00 Book Club 1:00 U of U Exercise 2:00 Tai Chi	Centers Closed  <small>Image designed by Freepik</small>
7	8	9	10	11
9:00 Yoga 9:00 Lapidary Cert 9:30 Star Trek 10:00 ESL 12:30 Star Trek 1:00 Line Dancing 1:00 EnhanceFitness 1:00 Beginning Spanish 2:00 Intermediate Spanish	9:30 Knit/Crochet 10:00 Senior Ballet 10:00 Vital Aging: Strong Self Confidence 10:30 Coin Collecting 11:30 Chair Yoga 12:30 Ceramics 12:30 Canasta 1:00 U of U Exercise	9:00 Sewing Circle* 9:00 Lapidary 10:00 ESL 12:00 Pottery* 12:30 Texas Hold'em 1:00 Line Dancing 1:00 EnhanceFitness	9:30 Harmonica 9:30 Knit/Crochet 10:00 Computer 10:30 Casual Guitar 11:00 Hawaiian/Belly Dance 12:00 Ukulele Class 12:30 Canasta 1:00 Healing Conversations 1:00 Wood Carving 1:00 U of U Exercise 2:00 Tai Chi	8:00 Clogging 9:00 Lapidary 9:45 Bingo* 11:30 JJ BD Howes JJ 12:00 Pottery* 12:30 Mike Rose: Songs Before the Reaper 12:30 Bunco* 1:00 EnhanceFitness
14	15	16	17	18
9:00 Yoga 9:00 Lapidary Cert 9:30 Star Trek: The Wrath of Khan 10:00 Craft with Michelle 12:30 Star Trek: The Wrath of Khan 1:00 Storytelling with Gina 1:00 Line Dancing 1:00 EnhanceFitness 1:00 Beginning Spanish 2:00 Intermediate Spanish	9:30 Knit/Crochet 10:00 Senior Ballet 11:30 Chair Yoga 12:30 Ceramics 12:30 Canasta 1:00 U of U Exercise	9:00 Sewing Circle* 9:00 Lapidary 12:00 Pottery* 12:30 Texas Hold'em 1:00 Line Dancing 1:00 EnhanceFitness	9:00 Caregiver Support 9:30 Harmonica 9:30 Knit/Crochet 10:00 Computer 10:30 Casual Guitar 11:00 Allevio: Foot Health Presentation 11:00 Hawaiian/Belly Dance 12:00 Ukulele Class 12:30 Canasta 1:00 Wood Carving 1:00 U of U Exercise	8:00 Clogging 9:00 Lapidary 9:00 Zumba 9:45 Bingo* 12:00 Pottery* 12:30 Bunco* 1:00 EnhanceFitness
21	22	23	24	25
9:00 Yoga 9:00 Lapidary Cert 9:30 Star Trek: The Search for Spock 10:00 ESL 12:30 Star Trek: The Search for Spock 1:00 Line Dancing 1:00 EnhanceFitness 1:00 Beginning Spanish 2:00 Intermediate Spanish	9:30 Knit/Crochet 10:00 Senior Ballet 10:00 Vital Aging: Protéjase de las Estafas 11:30 Chair Yoga 12:30 Canasta 12:30 Ceramics 1:00 U of U Exercise	9:00 Sewing Circle* 9:00 Lapidary 10:00 ESL 12:00 Pottery* 12:30 Texas Hold'em 1:00 Line Dancing 1:00 EnhanceFitness	Centers Closed  for Pioneer Day <small>Image designed by Freepik</small>	9:00 Lapidary 9:00 Zumba 9:45 Bingo* 11:30 JJ Here 4 U JJ 12:00 Pottery* 12:30 Bunco* 1:00 EnhanceFitness
28	29	30	31	
9:00 Yoga 9:00 Lapidary Cert 9:30 Star Trek: The Voyage Home 10:00 ESL 12:30 Star Trek: The Voyage Home 1:00 Line Dancing 1:00 EnhanceFitness 1:00 Beginning Spanish 2:00 Intermediate Spanish	9:30 Knit/Crochet 10:00 Senior Ballet 11:30 Chair Yoga 12:30 Canasta 12:30 Ceramics 1:00 U of U Exercise	9:00 Sewing Circle* 9:00 Lapidary 10:00 ESL 12:00 Pottery* 12:30 Texas Hold'em 1:00 Line Dancing 1:00 EnhanceFitness 2:30 Bonus Bingo*	9:30 Harmonica 9:30 Knit/Crochet 10:00 Computer 10:30 Casual Guitar 11:00 Hawaiian/Belly Dance 12:00 Ukulele Class 12:30 Canasta 1:00 Wood Carving 2:00 Tai Chi	  <small>*Funded by the Advisory Committee</small>