

## Blood Pressure Lending Library Terms of Agreement

The SLCo Employee Wellness Blood Pressure Machine Lending Library Program is a valuable resource available to all Salt Lake County employees who wish to monitor their blood pressure daily for a month. This agreement ensures that the machines are kept safe and returned on time, thereby providing a great experience for all users.

To utilize this lending library, complete the following steps before signing out a machine:

- 1. Read and understand this agreement form, including the guidelines and responsibilities that come with using a blood pressure machine and initial form to show agreeance.
- 2. Complete the Pre-Survey
- 3. Read the "What is Blood Pressure" packet and best practices to obtain the most accurate blood pressure readings.
- 4. Understand the pickup and drop-off location and time for the machine.

You have one month from the date of signing out the machine to return the machine. During that month, monitor your blood pressure twice daily, following the guidelines provided in the "What is Blood Pressure Packet" to obtain the most accurate reading for your body. You may also choose to use the tracking sheets provided upon pickup to track your blood pressure.

If your blood pressure reading is 180/120 or greater and you are experiencing any other associated symptoms of target organ damage such as chest pain, shortness of breath, back pain, numbness/weakness, change in vision or difficulty speaking, this would be considered a hypertensive emergency. Do not wait to see whether your pressure comes down on its own. Call 911.

Please take proper care of the machine by following these steps:

- 1. Keep the machine in the hard cover case when transporting it.
- 2. Clear out any blood pressure history, if any, before using the machine for the first time.
- 3. Ensure the tube connecting the cuff and the machine is connected firmly.
- 4. Handle the machine gently and avoid tossing it around during transportation.
- 5. Do not remove the blood pressure cuff abruptly; instead, take it off gently and place the machine back in its case after each use.

Return the machine on time and clear out any stored blood pressure history.

## The following consequences will apply if the blood pressure machine is returned late, damaged, or not returned at all:

- 1. If you fail to notify Healthy Lifestyles and return the machine more than a week late, you won't be able to use the machine again.
- 2. If the machine is damaged beyond normal wear and tear, we will deduct the repair cost from your earned cash incentive if you are a Healthy Lifestyles participant. If it's impossible to repair the machine, we will deduct the entire cost of the machine from your incentive. Non-participants may either pay the cost or have it deducted from their paycheck.
- 3. If you don't respond to our requests regarding the machine's return and we haven't heard from you three months after the expected return date, we will deduct the full price of the machine from your paycheck.

By initialing, you agree to the terms stated above.