

# HLRC | GYM SCHEDULE

MAY 2025

## Monday

**5:30am-12pm Drop-In Pickleball**  
**12pm-9pm Open Gym Basketball**  
(Except: May 5th & 12th 5pm-9pm  
½ Gym - Youth Basketball Team Practices)

## Tuesday

**5:30am-12pm Drop-In Pickleball**  
**12pm-5pm Open Gym Basketball**  
**5pm-9pm Women's Basketball**  
**League**

## Wednesday

**5:30am-12pm Drop-In Pickleball**  
**12pm-9pm Open Gym Basketball**  
(Except: May 7th & 14th 5pm-9pm  
½ Gym - Youth Basketball Team Practices)

## Thursday

**5:30am-12pm Drop-In Pickleball**  
**12pm-9pm Open Gym Basketball**  
(Except: May 1st, 8th, and 15th 5pm-9m ½ Gym -  
Youth Basketball Team Practices)

## Friday

**5:30am-12pm Drop-In Pickleball**  
**12pm-8pm Open Gym Basketball**  
(Except: On May 2nd & 9th  
GYM CLOSED from 3:30pm-8pm  
for Volleyball Practices)

## Saturday

**7:30am-12pm Youth Volleyball League**  
**12pm-6pm Youth Basketball League**  
(Except: May 24th All Day  
Open Gym Basketball)

## Sunday

**9am-12pm Drop-In Pickleball**  
**12pm-3pm Open Gym Basketball**



Holladay Lions Rec Center  
1661 E Murray Holladay Rd.  
Salt Lake City, Utah 84117