

# HLRC Gym Schedule

July 2025

Leagues & Youth Sports	
-CLOSED- Gym Times	
<b>Women's Basketball League</b>	Tuesdays 5-9pm (beginning July 22)

Basketball	
Open Gym Times	
<b>Monday</b>	12pm - 9pm
<b>Tuesday</b>	12pm - 5pm <u>Starting June 17</u> 12pm - 9pm
<b>Wednesday</b>	12pm - 9pm
<b>Thursday</b>	12pm - 9pm (CLOSED June 19)
<b>Friday</b>	12pm - 8pm
<b>Saturday</b>	All day
<b>Sunday</b>	12pm - 3pm

Drop-In Pickleball	
Open Gym Times	
<b>Monday</b>	5:30am - 12pm
<b>Tuesday</b>	5:30am - 12pm
<b>Wednesday</b>	5:30am - 12pm
<b>Thursday</b>	5:30am - 12pm
<b>Friday</b>	5:30am - 12pm
<b>Saturday</b>	None
<b>Sunday</b>	9am - 12pm

MCRP Activities	
-CLOSED- Gym Times	
<b>Open Net Youth Volleyball</b>	Mondays 12-2pm (beginning July 14)
<b>Open Youth Pickleball</b>	Weds 12-2pm (beginning July 9)
<b>Youth Basketball Clinic (Sign up online)</b>	Saturdays July 19 & 26 10am-12pm



## Holladay Lions Rec Center

1661 E. Murray Holladay Rd.  
SLC, Utah 84117  
(385) 468-1700

Gym Schedule subject to change.  
Please contact the front desk for updates.